

English Class 6

Young World 4

Activity Book

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1 Label the fruit and vegetables

2 In which season do they grow? Write them in the circle.

3 Some of them can be stored in the cellar in winter. Which ones? Add them to the winter season.





grapes





apricots



asparagus

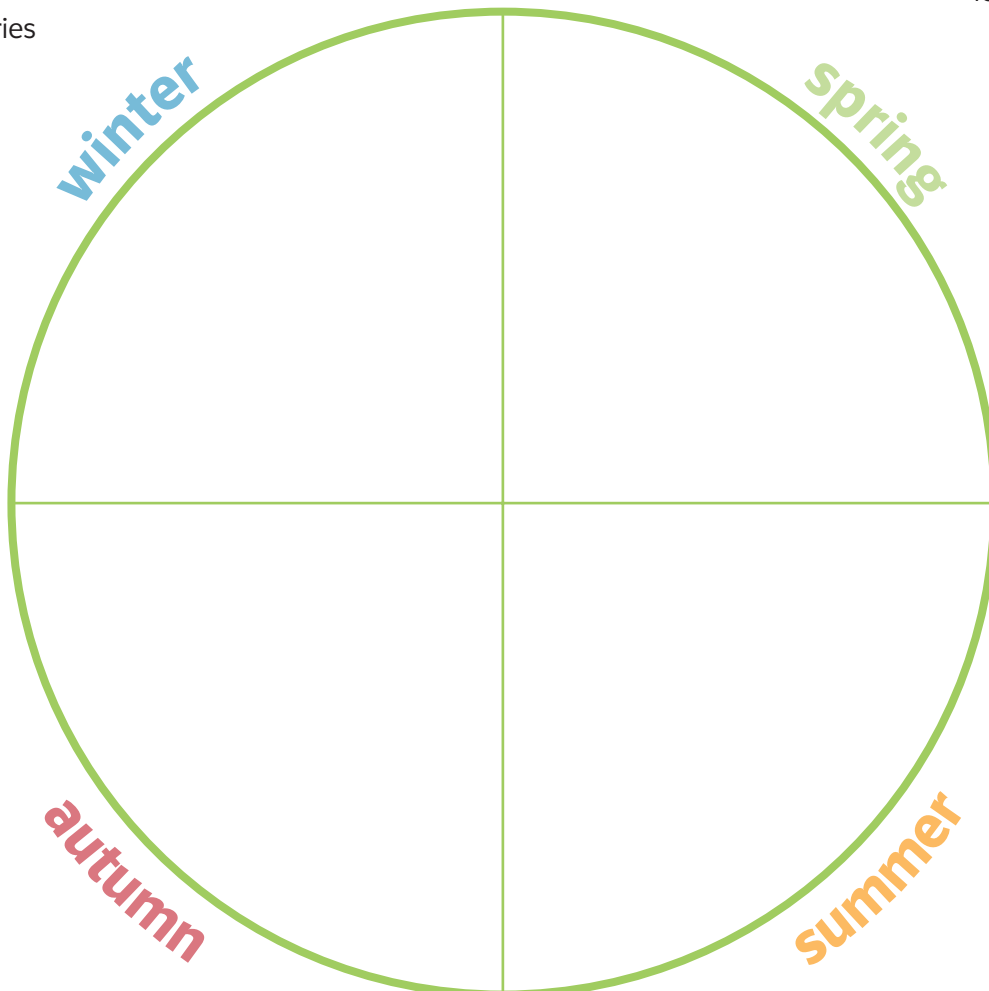




leek



strawberries

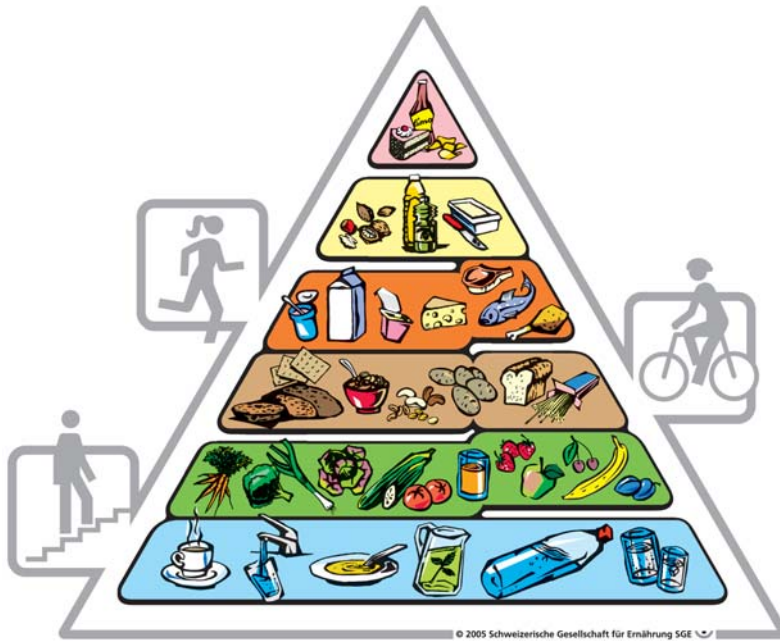




- 4 Can you find frozen foods in the picture? Circle them. You can look at the colour picture in the Pupil's Book to help you.
- 5 Study the list of food and drinks the Melanders consumed in a week. Find, colour and label four or more foods or drinks per category. Use the colours purple, yellow, orange, brown, green and blue.

Sweets, snacks and soft drinks	Chocolate; stollen (a buttery German cake); croissants with chocolate; cocoa powder for hot chocolate drinks
Oils, fats and nuts	Olive oil; Heinz tomato ketchup, margarine (LATTA); pistachios
Meat, fish, eggs, cheese, tofu, milk and milk products	Beef; goulash beef; cold cuts (sliced meat); fish sticks (Igló); herring filets; milk; yogurt; banana split ice cream (Langnese); hard cheeses; butter
Grains and other starchy foods	Muesli (Kölln); bread (Kölln); potatoes; brown bread; white bread; bakery buns; pasta (Barilla); wheat flour
Fruits and vegetables	Oranges; apples (from family tree); bananas; red grapes, white cabbage; cherry tomatoes; green peas (frozen); onions; cucumbers; iceberg lettuce; fennel; carrots; leeks; red peppers; yellow peppers
Drinks	Soda water (Jakobus); beer, alcohol free (Erdinger); other beers; red wine; fruit juice (Frucht-Oase); orange juice (Frucht-Oase); espresso (Lavazza); teabags

- 6 a Look at the food pyramid and name 3 foods in each sector.
 b Compare the food pyramid with the food the Melanders ate in a week.



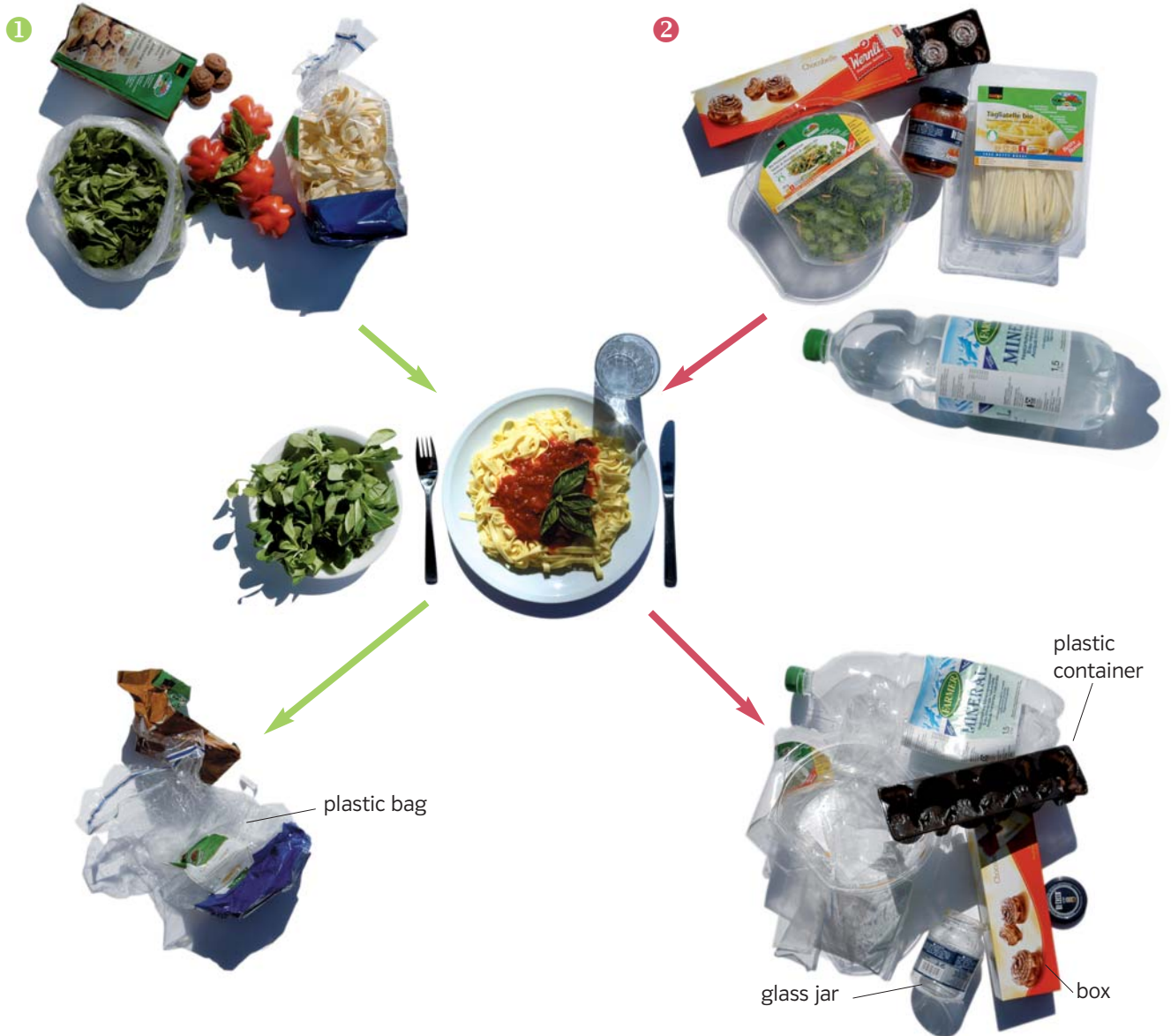
- Enjoy sweets, snacks and soft drinks – in small quantities.
- Consume oils, fats and nuts daily in small quantities.
- One portion of meat, fish, eggs, cheese, tofu per day plus three portions of milk or milk products.*
- Grains or other starchy foods with every meal.
- Fruits and vegetables of many colours five times a day.
- Lots of drinks all through the day.

* (portion = 2 dl milk or 150–180 g yoghurt or 30–60 g cheese)

- 7 Take a piece of paper and list the food you had yesterday. Put it in the six sectors. Does it fit into a pyramid? What shape is it?
- 8 Write a comment to each category in your pyramid and rate it with smileys.
 Example: I loved the chocolate ice cream I had for dessert.
 I didn't have fish.
 I had a pork sausage for lunch.

My comment	😊 ☹️

Our rubbish



9 The meal on the picture was prepared in different ways. Make a list of the ingredients and compare them. What is the main difference?

10 Look at the rubbish. What goes into the bin bag and what can you recycle?

11 Statistics. Look at the rate of glass recycled. Take a piece of paper and make a graphic picture of the statistics.



Germany (D)	86 %
Italy (IT)	62 %
Spain (SP)	45 %
Switzerland (CH)	95 %
Turkey (TR)	24 %
United Kingdom (UK)	53 %

